



Yellow Ribbon Reintegration Program

For Those Who Serve and Those Who SupportSM

Oath of Enlistment and Oaths of Office

Oath of Enlistment

I, _____, do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; that I will obey the orders of the President of the United States and the orders of the officers appointed over me according to law and the Uniform Code of Military Justice. So help me God.

(Title 10, US Code; Act of 5 May 1960 replacing the wording first adopted in 1789, with amendment effective 5 October 1962.)

Oath of Office for Commissioned Officers

I, _____, having been appointed an officer in the (Branch of Service) of the United States as indicated above in the grade of _____ do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; that I take this obligation freely, without any mental reservation or purpose of evasion; and that I will well and faithfully discharge the duties of the office upon which I am about to enter. So help me God.

(DA Form 71, 1 August 1959, for officers)

Oath of Office for Civilians

I do solemnly swear (or affirm) that I will support and defend the constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; that I take this obligation freely, without any mental reservation or purpose of evasion; and that I will well and faithfully discharge the duties of the office upon which I am about to enter. So help me God.

Oath of National Guard

I do solemnly swear (or affirm) that I will support and defend the constitution of the United States and of my State against all enemies, foreign and domestic; that I will bear true faith and allegiance to them; and that I will obey the orders of the President of the United States and the Governor of my State and the orders of the Officers appointed over me, according to law and regulations. So help me God.



Traits of Successful Military Families

Patriotic:

Having a positive attitude about their involvement or their family member's involvement with the military is paramount. Pride in their work and for their country is essential.

Adaptable:

Military families face unique challenges associated with deployment, such as mobility and separation. They often are experiencing new environments and new cultures. This requires the military family to be flexible while at the same time structured – able to adapt to ever-changing environments while still maintaining day-to-day routines.

Involved and Community Oriented:

Getting involved, both at individual and communal levels, helps military families cope with deployment by providing a reserve of social support to be accessed if needed. Social support from friends, family, and community-based groups helps with separation adjustment during deployment.

Sense of Humor:

Perspective has a profound impact on how people get through tough times. Being able to see the lighter side of a tough situation helps them get through even the most difficult of times. Humor is an important coping mechanism that can help foster resilience. It can even influence how well adjusted military families are perceived by others.

Realistic Expectations:

The military's support of its families has changed and grown over time. Initially, families were expected to take in stride the hardships and challenges presented in military life. Today the military family enjoys the best quality of life the American military has ever known. A fundamental requirement of a successful military, however, is a "mission first" environment. Successful families realistically understand that the military has a system of resources to create "resilient" families who know how to operate and thrive in the current military environment.

Resourceful:

The military family learns how to "make do and make the best of" their current situation whether it be a permanent change of station move, a tour in a foreign country, or enduring the loneliness of family separation.

Celebrate Adversity:

The military family says they have to.... how else could they love the military life?