

## Military and Civilian Community Resources

Handout available for download on the [YRRP website](https://www.yellowribbon.mil/cms/event-handout/) at: <https://www.yellowribbon.mil/cms/event-handout/>

General		
<u>Coast Guard Reserve:</u> <a href="http://www.uscg.mil/reserve">www.uscg.mil/reserve</a>	<u>Army Reserve:</u> <a href="http://www.usar.army.mil">www.usar.army.mil</a>	<u>Joint Services Support:</u> <a href="http://www.jointservicesupport.org">www.jointservicesupport.org</a>
<u>Navy Reserve:</u> <a href="http://www.navyreserve.navy.mil/Pages/default.aspx">www.navyreserve.navy.mil/Pages/default.aspx</a>	<u>Air Force Reserve Command:</u> <a href="http://www.afrc.af.mil">www.afrc.af.mil</a>	<u>Manpower and Reserve Affairs:</u> <a href="http://ra.defense.gov">http://ra.defense.gov</a>
<u>Marine Corps:</u> <a href="http://www.marines.mil">www.marines.mil</a>	<u>Air National Guard:</u> <a href="http://www.ang.af.mil">www.ang.af.mil</a>	<u>Veterans Affairs:</u> <a href="http://www.va.gov">www.va.gov</a>
	<u>National Guard:</u> <a href="http://www.nationalguard.mil">www.nationalguard.mil</a>	<u>National Resource Directory:</u> <a href="http://www.nrd.gov">www.nrd.gov</a>

Topic	Military Agency	Civilian Agency
<b>Animal care</b>	Military Veterinary Clinic	Local Veterinary Clinic; Animal Shelter
<b>Car Registration/ License</b>	Military Police/Security Forces	Local Department of Motor Vehicles (DMV)
<b>Children</b>	School Liaison Office/School Support Specialist; Primary Care Manager; Exceptional Family Member Program (EFMP); Family Programs – Child, Youth and School Services	Local School; Health Care Provider; <a href="#">Armed Service Youth Center (YMCA &amp; YWCA) website</a> at <a href="http://www.asymca.org">www.asymca.org</a> ; <a href="#">Boys and Girls Club of America website</a> at <a href="http://bgca.org">http://bgca.org</a> ; Civic group (Boy/Girl Scouts, 4H)

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<b>Crisis Management</b>	<p>Family Advocacy Program (FAP); <a href="#">Military OneSource website</a> at <a href="http://www.militaryonesource.mil">www.militaryonesource.mil</a> or call at 800-342-9647; <a href="#">Coast Guard Support website</a> at <a href="http://www.cgsuprt.com">www.cgsuprt.com</a>; Family Programs; Chaplain; Social Work Services</p>	<p>Religious Institution; Employment Assistance Program; Local Counseling Center; Local VET Center; <a href="#">Department of Veterans Affairs (VA) website</a> at <a href="http://www.va.gov">www.va.gov</a>; <a href="#">Military Crisis Line website</a> at <a href="http://www.veteranscrisisline.net/ActiveDuty.aspx">www.veteranscrisisline.net/ActiveDuty.aspx</a>; (also visit the website to access confidential chat); Call at 1-800-273-TALK (8255); Operation Enduring Freedom (OEF) Crisis Line - calling from a cell: 070-113-2000, wait for tone, 1-1-1, calling from DSN/NVOIP line: 111 or 318-421-8218; E-mail OEF Crisis hotline at <a href="mailto:OEFKRISISHOTLINE@afghan.swa.army.mil">OEFKRISISHOTLINE@afghan.swa.army.mil</a>; call the Sexual Assault Hotline at 1-800-656-HOPE (4673); Military Relief Aid Societies: <a href="#">Air Force Aid Society website</a> at <a href="http://www.afas.org">www.afas.org</a>; <a href="#">Army Emergency Relief website</a> at <a href="http://www.aerhq.org">www.aerhq.org</a>; <a href="#">Coast Guard Mutual Assistance website</a> at <a href="http://www.cgmahq.org">www.cgmahq.org</a>; <a href="#">Navy-Marine Corps Relief Society website</a> at <a href="http://www.nmcra.org">www.nmcra.org</a></p>
<b>Death/Illness Verification</b>	<p>Casualty Assistance Officer (CAO); Chaplain; Service member's Unit; Military Police/Security Forces; A Survivor's Guide to Benefits: Taking Care of our Families on the <a href="#">Military OneSource website</a> at <a href="http://www.militaryonesource.mil/12038/Project%20Documents/MilitaryHOMEFRONT/Casualty%20Assistance/Survivors%20Guide.pdf">www.militaryonesource.mil/12038/Project%20Documents/MilitaryHOMEFRONT/Casualty%20Assistance/Survivors%20Guide.pdf</a></p>	<p>Emergency Communication Services webpage on the <a href="#">American Red Cross website</a> at <a href="http://www.redcross.org/find-help/military-families/emergency-communication-services">www.redcross.org/find-help/military-families/emergency-communication-services</a>; Local Hospital; Police Department</p>

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<b>Drug/Alcohol Abuse</b>	Social Work Services; Service Alcohol and Substance Abuse Program; Military Treatment Facility (MTF)	Local Counseling Center; <a href="#">Alcoholics Anonymous (AA) website</a> at www.aa.org; <a href="#">Narcotics Anonymous (NA) website</a> at www.na.org; Local Medical Facility; <a href="#">Veterans Administration (VA) website</a> www.va.gov
<b>Education</b>	<a href="#">Military OneSource website</a> at www.militaryonesource.mil/education-and-employment or call at 800-342-9647; <a href="#">Spouse Education and Career Opportunities website</a> at https://myseco.militaryonesource.mil/portal; <a href="#">Children's Education webpage</a> at www.militaryonesource.mil/k-12-and-college-education#; <a href="#">Higher Education for Service Members webpage</a> at www.militaryonesource.mil/voluntary-education; <a href="#">Army Continuing Education System (ACES) webpage</a> at www.hrc.army.mil/TAGD/Army%20Continuing%20Education%20System%20ACES; <a href="#">Marine and Family Services webpage</a> at www.marforres.marines.mil/GeneralSpecialStaff/MarineCorpsCommunityServices/MarineFamilyServices/LifelongLearningCenter/TuitionAssistance.aspx; <a href="#">Tutor.com website</a> at http://military.tutor.com/home	Local College or University; Accredited Online University; Educational Centers; Cooperative Extension Service – <a href="#">Department of Agriculture Extension website</a> at http://nifa.usda.gov/Extension

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<b>Employment</b>	Director of Human Resources (DHR); Employment Readiness Program; <a href="#">Spouse Education and Career Opportunities website</a> at <a href="https://myseco.militaryonesource.mil/portal/">https://myseco.militaryonesource.mil/portal/</a> ; <a href="#">Employer Support of the Guard and Reserve website</a> at <a href="http://www.esgr.mil">www.esgr.mil</a> ; <a href="#">Association of Procurement Technical Assistance Centers website</a> at <a href="http://www.aptac-us.org/new">www.aptac-us.org/new</a> ; <a href="#">Office of Personnel Management website</a> at <a href="http://www.opm.gov">www.opm.gov</a>	Veterans' Employment and Training Service on the <a href="#">Department of Labor website</a> at <a href="http://www.dol.gov/vets">www.dol.gov/vets</a> ; Employment Assistance Program/Temp Agencies; Civilian Personnel Office; <a href="#">VA Vocational Rehabilitation and Employment Services webpage</a> at <a href="http://www.vba.va.gov/bln/vre">www.vba.va.gov/bln/vre</a> ; One Stop Workforce Investment Center in your state or county; Small Business Administration (SBA)
<b>Financial</b>	<a href="#">Thrift Savings Program (TSP) website</a> at <a href="http://www.tsp.gov/index.shtml">www.tsp.gov/index.shtml</a> ; Financial Readiness Programs; Personal Financial Consultant (PFC); Employee Assistance Program (EAP); Benefits by Service: <a href="#">MyArmyBenefits website</a> at <a href="http://www.goarmy.com/benefits.html">www.goarmy.com/benefits.html</a> ; Pay and Benefits webpage on the <a href="#">US Navy website</a> at <a href="http://www.public.navy.mil/bupers-npc/career/payandbenefits/Pages/default2.aspx">www.public.navy.mil/bupers-npc/career/payandbenefits/Pages/default2.aspx</a> ; Benefits webpage on the <a href="#">US Air Force website</a> at <a href="http://www.airforce.com/benefits">www.airforce.com/benefits</a>	Lawyer or Legal Aid Center; Credit Counselor; Local Educational Institutions; <a href="#">DoD Savings Deposit Program (SDP) webpage</a> at <a href="http://www.dfas.mil/militarymembers/payentitlements/sdp.html">www.dfas.mil/militarymembers/payentitlements/sdp.html</a> ; Filing Information webpage on the <a href="#">IRS website</a> at <a href="http://www.irs.gov/publications/p17/ch01.html#en_US_2011_publink1000170538">www.irs.gov/publications/p17/ch01.html#en_US_2011_publink1000170538</a> ; Department of Consumer Affairs in your state
<b>Fitness</b>	Joining Forces webpage on the <a href="#">President's Council on Fitness, Sports &amp; Nutrition website</a> at <a href="http://www.hhs.gov/fitness">www.hhs.gov/fitness</a> ; Morale, Welfare, and Recreation (MWR)	Parks and Recreation; Local YMCA

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<b>Food</b>	Chapel	<a href="#">Supplemental Nutrition Assistance Program (SNAP) webpage</a> at www.fns.usda.gov/snap; <a href="#">Women, Infants &amp; Children (WIC) webpage</a> at www.fns.usda.gov/wic; Local Food Bank Religious Institution
<b>Gambling Problem</b>	Social Work Services; Chaplain; Employee Assistance Program; <a href="#">Military OneSource website</a> at www.militaryonesource.mil or call at 800-342-9647; <a href="#">Coast Guard Support website</a> at www.cgsuprt.com	Religious Institution; <a href="#">Gamblers Anonymous (GA) website</a> at www.gamblersanonymous.org/ga; Community Counseling Center; <a href="#">VA website</a> at www.va.gov
<b>Legal Assistance</b>	Staff Judge Advocate Office (SJA/JAG)	Lawyer or Legal Aid Center; Legal Assistance Office
<b>Marital Counseling</b>	Chaplain; <a href="#">Military OneSource website</a> at www.militaryonesource.mil or call at 800-342-9647; <a href="#">Coast Guard Support website</a> at www.cgsuprt.com; Family Programs - Military Family Life Consultant (MFLC); Social Work Services; TRICARE	Religious Institution; Professional Counselor
<b>Mental Health</b>	Military Treatment Facility; Military Family Life Consultant (MFLC); Chaplain <a href="#">Military OneSource website</a> at www.militaryonesource.mil or call at 800-342-9647; <a href="#">Coast Guard Support website</a> at www.cgsuprt.com; Social Work Services	Local Hospital; Community Counselor; Religious Institution; Community Social Work Services; <a href="#">Department of Veterans Affairs (VA) website</a> at www.va.gov; <a href="#">Military Crisis Line website</a> at www.veteranscrisisline.net/ActiveDuty.aspx, visit the website to access confidential chat; call at 1-800-273-TALK (8255)
<b>Medical/Dental</b>	TRICARE; Tricare Dental Program; DEERS; Military Treatment Facility	Local Hospital; Local Dentist



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<b>Networking/ Support</b>	Unit Family Readiness organizations; Unit Family Readiness websites; <a href="http://www.militaryonesource.mil">Military OneSource website</a> at www.militaryonesource.mil; <a href="http://www.cgsuprt.com">Coast Guard Support website</a> at www.cgsuprt.com; <a href="http://www.usar.army.mil/Family-Programs/">Army Reserve Family Programs</a> website at http://www.usar.army.mil/Family-Programs/	<a href="http://www.militaryfamily.org">National Military Family Association (NMFA) website</a> at www.militaryfamily.org; <a href="http://www.salvationarmyusa.org">Salvation Army website</a> at www.salvationarmyusa.org; <a href="http://www.uso.org">United Services Organizations, Inc. (USO) website</a> at www.uso.org; <a href="http://www.unitedway.org">United Way Agencies website</a> at www.unitedway.org; <a href="http://www.vfw.org">Veterans of Foreign Wars website</a> at www.vfw.org; <a href="http://www.dav.org">Disabled American Veterans (DAV) website</a> at www.dav.org; Local Chamber of Commerce; <a href="http://spousebuzz.com">Spouse Buzz website</a> at http://spousebuzz.com; <a href="http://www.goarmy.com/parents.html">Go Army Parents website</a> at www.goarmy.com/parents.html; <a href="http://www.bluestarmothers.org">Blue Star Mothers of America, Inc. website</a> at www.bluestarmothers.org
<b>Spiritual Guidance</b>	Chaplains	Religious Institution
<b>Stress Management</b>	Family Advocacy Program; Family Team Building Programs; Social Work Services; <a href="http://www.militaryonesource.mil">Military OneSource website</a> at www.militaryonesource.mil or call at 800-342-9647; <a href="http://www.cgsuprt.com">Coast Guard Support website</a> at www.cgsuprt.com; Military Family Life Consultant (MFLC)	Educational Institution; Religious Institution; Community Counselor; <a href="http://www.va.gov">VA website</a> at www.va.gov

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<b>Transition Assistance</b>	<a href="http://www.taonline.com/TAPOffice">Transition Assistance Program (TAP) website</a> at <a href="http://www.taonline.com/TAPOffice">www.taonline.com/TAPOffice</a> ; <a href="http://www.militaryonesource.mil/wounded-warrior">Wounded Warrior Transition Services webpage</a> at <a href="http://www.militaryonesource.mil/wounded-warrior">www.militaryonesource.mil/wounded-warrior</a> ; <a href="http://www.militaryonesource.mil">Military OneSource website</a> at <a href="http://www.militaryonesource.mil">www.militaryonesource.mil</a> ; <a href="http://www.cgsuprt.com">Coast Guard Support website</a> at <a href="http://www.cgsuprt.com">www.cgsuprt.com</a>	<a href="http://afterdeployment.dcoe.mil/">After Deployment website</a> at <a href="http://afterdeployment.dcoe.mil/">http://afterdeployment.dcoe.mil/</a> ; <a href="http://www.va.gov">VA website</a> at <a href="http://www.va.gov">www.va.gov</a>