

## Reintegration Perspectives

Handout available for download on the [YRRP website](http://www.yellowribbon.mil/cms/event-handout) at [www.yellowribbon.mil/cms/event-handout](http://www.yellowribbon.mil/cms/event-handout)

List one or more individuals in your support network. For each person, list up to three positive and three negative feelings which you believe each of these individuals may be feeling. Then, compare your preceptions to the actual feelings they report. Mark accurate perceptions with a “√” and inaccurate perceptions with an “x.”

| Name            | Military Affiliation  | Perceived Positive Feeling | Perceived Positive Feeling | Perceived Positive Feeling | Perceived Negative Feeling | Perceived Negative Feeling | Perceived Negative Feeling |
|-----------------|-----------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| <i>Person 1</i> | <i>Service member</i> | <i>relief</i>              | <i>pride</i>               | <i>excitement</i>          | <i>resentment</i>          | <i>overwhelmed</i>         | <i>fear</i>                |
| <i>Person 2</i> | <i>Loved one</i>      | <i>appreciation</i>        | <i>happiness</i>           | <i>contentment</i>         | <i>hesitation</i>          | <i>anger</i>               | <i>confusion</i>           |
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