



# VA Life Insurance Benefits

## MILITARY LIFE CYCLE



### ONLINE RESOURCE GUIDE

The Transition Assistance Program (TAP) provides training, information and services to help Service members and their families transition to civilian life. The Military Life Cycle (MLC) modules help Service members, Veterans and their families take full advantage of VA benefits and services. The VA Life Insurance Benefits module presents key information about the importance of life insurance for Service members, members of the reserve components, Veterans and their families. This Online Resource Guide provides you with the web links to important resources related to the course.

### VA TAP ONLINE COURSES

The VA TAP Course Catalog is a comprehensive resource that includes information about all VA TAP course offerings, direct links to on-demand web-based trainings and downloadable resource materials.

To access these courses, navigate to the [VA TAP Course Catalog](#) (or scan the QR code at the top of this page) and select from the list of courses available in the VA TAP Curriculum.



# Links

## VA HOME PAGE

The VA.gov website offers current resources, tools, and contact information for all VA benefits and services that may be available to Service members, Veterans, and their families, caregivers and survivors.

[VA Home Page](#)

## VA LIFE INSURANCE

- [VA Life Insurance](#)
  - Office of Servicemembers' Group Life Insurance (OSGLI):
    - Questions about SGLI, Family SGLI, TSGLI or VGLI: 1-800-419-1473 or [osgli.osgli@prudential.com](mailto:osgli.osgli@prudential.com)
  - VA Life Insurance Center
    - Online: [The Insurance Center](#)
    - Phone: 1-800-669-8477 between 8:30 a.m. and 6 p.m. ET

## VA LIFE INSURANCE TYPES

- [Servicemembers' Group Life Insurance \(SGLI\)](#)
  - [Servicemembers' Group Life Insurance Election and Certificate Form 8286](#)
  - [Form 8284 Claim for Accelerated Benefits](#)
  - [Servicemembers' Group Life Insurance Disability Extension](#)
    - [SGLI Disability Extension Application Form 8715](#)
  - [SGLI accelerated benefits, total disability or terminal illness](#)
- [Family Servicemembers' Group Life Insurance \(FSGLI\)](#)
  - FSGLI accelerated benefits, [Totally disabled or terminally ill policyholders](#)
    - [Form 8284 Claim for Accelerated Benefits](#)
- [Traumatic Injury Protection \(TSGLI\)](#)
- [Veterans' Mortgage Life Insurance \(VMLI\)](#)
  - Application Form 29-8636, [Veterans Mortgage Life Insurance Statement](#)
- [Veterans Affairs Life Insurance \(VALife\)](#)
- [Veterans' Group Life Insurance \(VGLI\)](#)
  - [How Does VGLI Compare to Other Life Insurance Programs?](#)
  - VGLI premium rates, [Veterans' Group Life Insurance \(VGLI\)](#)
  - Application for Veterans' Group Life Insurance (Form SGLV 8714), [Form 8714 Veterans' Group Life Insurance Application](#)
  - VGLI accelerated benefits, [Totally disabled or terminally ill policyholders](#)
    - SGLI and VGLI Accelerated Benefits Option (Form SGLI 8284), [Form 8284 Claim for Accelerated Benefits](#)
  - [Life Insurance Chapter 12 Veterans' Group Life Insurance](#)
  - Managing VGLI coverage online, [VA Life Insurance Online Policy Access](#)

## CONVERTING SGLI, FSGLI AND VGLI TO COMMERCIAL POLICIES

[Convert SGLI, VGLI, or FSGLI to a Commercial Policy](#)

# Links

**Table 1: Documentation Required to Convert SGLI, FSGLI, and VGLI Coverage to Individual Policies**

Coverage Type	Required Documents
SGLI active duty	<ul style="list-style-type: none"> <li>Service member's Final Leave and Earnings Statement (LES)</li> <li>DD Form 214, Certificate of Uniformed Service</li> </ul>
SGLI reserve components	<ul style="list-style-type: none"> <li>NG 22, National Guard Bureau Statement of Separation and Record of Service or written orders as proof of separation</li> <li>Final Leave and Earnings Statement (LES)</li> </ul>
FSGLI	<ul style="list-style-type: none"> <li>Service member's Final Leave and Earnings Statement (LES)</li> </ul> <p><b>Additionally, one of the following:</b></p> <ul style="list-style-type: none"> <li>DD Form 214, Certificate of Uniformed Service</li> <li>Service member's NG 22 or written orders as proof of separation</li> <li>Service member's proof of death</li> <li>Certificate of Dissolution of Marriage</li> <li>Proof of Service member's termination of SGLI coverage</li> <li>Proof of Service member's termination of FSGLI coverage</li> </ul>
VGLI	<ul style="list-style-type: none"> <li>VGLI conversion notice</li> </ul>

## FILING A CLAIM

**Table 2: Contacts and Forms to File a Claim**

Coverage Type	Required Documents
FSGLI	<ul style="list-style-type: none"> <li>The service member notifies his or her command of the death of a spouse or dependent child</li> <li>The command will coordinate with the Casualty Office to certify the claim to OSGLI</li> <li>The service member will:               <ul style="list-style-type: none"> <li>Complete <a href="#">Form SGLV 8283A FSGLI Claim for Death Benefits</a></li> <li>Provide a copy of the spouse's or child's death certificate</li> </ul> </li> </ul>
SGLI	<ul style="list-style-type: none"> <li>The service member's Casualty Office will certify the claim to the Office of Servicemembers' Group Life Insurance (OSGLI).</li> <li>The Casualty Office will work with the named beneficiary(ies) to:               <ul style="list-style-type: none"> <li>Complete <a href="#">Form SGLV 8283 Claim for Death Benefits</a></li> <li>Provide a copy of the service member's death certificate or military report of casualty</li> </ul> </li> </ul>

# Links

Coverage Type	Required Documents
SGLI-DE/VGLI	<ul style="list-style-type: none"><li>The beneficiary notifies the OSGLI of the death and submits:<ul style="list-style-type: none"><li><a href="#">Form SGLV 8283 Claim for Death Benefits</a></li><li>A copy of the Veteran's death certificate</li></ul></li></ul>
TSGLI	The service member and a licensed medical professional complete <a href="#">Form SGLV 8286A Claim for Death Benefits.pdf</a> , and submit it along with supporting evidence to their uniformed service TSGLI Processing Office listed on the first page of the claim form.

## ADDITIONAL RESOURCES

- [Beneficiary Financial Counseling Service and Online Will Preparation](#)
- [DEERS updates ID Card Office Online](#)
- [Life insurance if you have preexisting conditions](#)
- [milConnect and SGLI Online Open Enrollment System \(SOES\)](#)
- [Overview of VA life insurance benefits](#)
- [VA Life Insurance Needs Calculator](#)
- [VGLI Insurance Comparison Questionnaire](#)